

25

September 1978



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Tel: Cambridge 811335

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\*\*\*\*\*

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Mon. } 9.00 - 11.00a.m.	Wed. 9.00 - 10.00a.m.
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Fri. } 4.30 - 6.30p.m.	2.00 - 4.30 p.m.
Sat. Emergencies only	9.00 - 10.00 a.m.

Ante-Natal Clinics: 1st and 3rd Tues. in the month 2.00 - 4.00p.m.  
at Surgery.

Child Welfare Clinics: 2nd and 4th Tues. in the month.  
2.00 - 4.00 p.m. at Gardiner Memorial Hall.

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# OUT OF REACH

COMMUNITY MAGAZINE

Issue No.25

SEPTEMBER 1978.

## EDITORIAL

My annual treat has arrived again - Jenny has allowed another hand on the helm of Out of Reach while she is away on holiday.

By the time you read this, the school holidays will be nearing their end - (do I hear a sigh of relief from some mothers!) - and another academic year will be starting.

As a farmer, I hope that the bulk of the 1978 corn harvest will have been gathered in. As Reach is predominantly an agriculturally orientated community, most inhabitants are aware of the bustle of harvest work; men working long hours to reap a season's labours - made more difficult and worrying by our unpredictable weather. Let's hope that it will 'all be safely gathered in', so that we can go to our Harvest Festivals and Suppers to give thanks and celebrate!

H.H.

\*\*\*\*\*

Congratulations to Canon J.K. Byrom on his appointment as Rural Dean of Fordham.

\*\*\*\*\*

Welcome to the Hill family who have recently moved into Ditchfield.

\*\*\*\*\*

Thanks are due to Mrs. Longman for her generous donation.

\*\*\*\*\*

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NOTED FOR OUR PORK SAUSAGES

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PARISH COUNCIL NEWS

There is very little of interest to report at this time, but the following may be worth remembering when thinking of the colder months ahead.

We have received a letter from E.C.D.C. in connection with the "Home Insulation Bill" and an extract is as follows:-

"We are anxious that the elderly and disabled people in particular should be fully aware of the availability of the grants".

HOMES INSULATION SCHEME '78

1. When the above scheme comes into operation owner-occupiers, tenants or landlords may apply to the District Council for a grant towards the cost of insulation of roof, hot and cold water pipes, tanks and hot water cylinders.
2. The maximum grant is 66<sup>rd</sup> of the cost, or £50, whichever is the lower figure.
3. The priorities are for uninsulated houses. No grant is payable where partial insulation already exists.
4. The insulating materials are defined. The minimum insulation for a roof is 80mm fibreglass or equivalent. The cost of creating an access to the roof is included.
5. No grant is payable towards the cost of hot water cylinder insulation where it does not form part of a roof insulation scheme or where the cylinder is already insulated in any way.
6. The application must be made on the approved form. There are no conditions relating to the standard of the existing house or the Rateable Value of same.

\*\*\*\*\*

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Tel: 742140 after 6 p.m.	Restoration work. Commissions
	taken in oils.

FROM THE VICAR:

August 6th in the western Church is the Feast of the Transfiguration of Christ, and as transfiguration is basically what Christianity is about, I thought it might be worth talking about this now.

The incident of the transfiguration on the mountain, in the presence of three intimate friends, is deceptively simple, as described in the Gospels. But then the very density of scripture is one of the reasons why its insights will go on feeding the Christian mind till the end of time. There seems to be literally no end to the new light they can shed. Jesus has withdrawn a little to pray; while praying both his countenance and clothing begin to glow with an inward light; Moses and Elijah are talking with him about his approaching death in Jerusalem. Finally, a cloud envelopes them, and from within the cloud a voice is heard: 'this is my beloved son; listen to him'.

The impact on the three friends is immense: it became the mainspring of Peter's mind. Yet it is important to remember, first, that the vision is granted strictly in confirmation of the faith in Jesus they had already arrived at by means of normal friendship. The vision confirms their faith in his identity as divine Son; it doesn't give rise to it. Jesus never does violence to the human mind, never shocks or hustles or tricks it into belief, falling over backwards, as we say, to maintain its integrity and freedom. No other kind of faith could stand the strains to which he exposes it. Which means that vision comes to us as the climax of regular faithfulness and integrity at every level of existence. Conviction gradually builds up in strength through a lifetime, till, like a river fed by scores of little streams, it finally reaches overwhelming irresistible force.

But when we turn to a man like St. Paul we find that his main interest is in our being transformed into Christ's likeness: 'we all reflect as in a mirror', he says, 'the splendour of the Lord: thus we are transfigured into his likeness, from splendour to splendour (or one degree of glory to another); such is the influence of the Lord who is the Spirit'.

All of which may sound slightly fanciful until we begin to examine closely what actually happens not only to nature, but to human beings, too, when seen in what we call 'a certain light'. A cobweb in frost is a cobweb in frost; but caught by a camera in golden winter light it can become a window into eternity. A dog is a dog, four-legged and not particularly rational; yet caught in an attitude of attention or affection in company with a human being, it becomes a veritable order of creation.

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FROM THE VICAR contd....

And so with human beings themselves. Much of the vast industry of photography ultimately rests upon the open secret that if you catch a human creature 'in the right light', they become an image of glory: the girl who in the office is a frozen cipher, in another world and in another light becomes an image of grace itself.

So, too, with each and all of us on another plane. Of ourselves 'a natural nothing and a super-added sin', yet when impregnated with the incorruptible being of Christ we develop a splendour reflecting a light that never was on land or sea. Yet there is nothing magical in the process. It comes of that long concentration on the ultimate truth which Christ is, which has its high culmination in prayer.

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You may like to know that the result of our Gift Day was £140, for which we are very grateful.

To assist our Centenary Fund Mr. and Mrs. Cazenove have kindly offered to hold a Wine and Cheese Party in their home at Swaffham Prior Hall on Saturday 23rd September at 8.00 p.m. Tickets may be obtained from Mr. John Macdonald at The Stables, or from the Vicarage.

To help further with the Porch Restoration Fund it was suggested at the last meeting of the P.C.C. that parishioners might wish to contribute by means of a covenant. If so, would they please communicate with Mr. Norris at Anglesey House.

Lastly, as a further effort in the same direction we are hoping to stage another sponsored cycle pilgrimage, on October 14-15, this time to Maldon, the site of the great battle at which Brythnoth, Alderman of East Anglia and donor of the site on which St. Mary's stands, was killed in 991, in the struggle against the Norwegian Vikings. Volunteers please contact Charles Moseley. (Tel: 741425).

J.K.B.

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From the Registers:

23rd July: Martin David, son of David John and Angela Joan Weston, 195, Studlands Park, Newmarket.

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FROM THE CHURCHES

St. Mary's and Reach

Worship in September

3rd TRINITY XV

- 8.00 a.m. Holy Communion (Reach)
- 9.30 a.m. Matins & Eucharist (St. Mary's)
- 6.30 p.m. Evensong (Reach)

10th, 17th, 24th TRINITY XVI, XVII, XVIII

- 9.30 a.m. Parish Communion (St. Mary's)
- 11.00 a.m. Family Communion (Reach)
- 6.30 p.m. Evensong (St. Mary's)

29th S. MICHAEL & ALL ANGELS

- 7.00 a.m. Holy Communion (St. Mary's)
- 7.00 p.m. Harvest Supper (Reach)

1st October: TRINITY XIX - HARVEST FESTIVAL (Reach)

- 8.00 a.m. Holy Communion (Reach)
- 9.30 a.m. Matins & Eucharist (St. Mary's)
- 6.30 p.m. Sung Evensong (Reach)

HARVEST SUPPER

We hope to hold this in the Village Community Centre at 7.00p.m. on Friday 29th September. Admission will be 50p for adults, and 20p for children. Some films will be shown after supper.

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 \*\* A Recital for Flute and Organ \*\*  
 \*\* by \*\*  
 \*\* Wendy Fountain - Flute \*\*  
 \*\* and \*\*  
 \*\* Martin Pacey - Organ \*\*  
 \*\* in \*\*  
 \*\* St. Mary's Church, Swaffham Prior \*\*  
 \*\* on \*\*  
 \*\* Thursday 21st September \*\*  
 \*\* at 8.00 p.m. \*\*  
 \*\* In Aid of Porch Restoration Retiring Collection \*\*  
 \*\*\*\*\*

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FOR PROMPT SERVICE

An evening of entertainment and a buffet supper

October 1st

8.00 - 10.00p.m.

Swaffham Bulbeck Church

- \* Buffet Supper (No alcohol)
- \* Entertainment by "Peasants All" and Morris Men

"Philip Astle and Paul Williamson play a fascinating array of instruments which are among the most authentic reproductions available today. They include rebec, psaltery, gemshorn, three hole pipe, medieval bagpipe, renaissance bagpipe, crumhorn, sackbut, timbrel, tabor, side drum and nakers. All of these, as well as more familiar instruments like the recorder and voice, are used to great effect in bringing to life songs and dance tunes of the past.

A minstrel was expected to be proficient on a wide variety of instruments but he was far more than simply a musician. He was an all-round performer using poetry, stories, songs, dances and other devices to entertain his audiences. It is this spirited type of performance which Peasants All have so successfully recreated rather than a conventional early music recital. Their unusual music and light hearted approach, coupled with their colourful period costumes, add up to a refreshingly different evening's entertainment".

- \*\* A limited number of tickets will be available from 4th September at £1:50 per person. Tickets will be reserved on receipt of money. Cheques should be made payable to St. Mary's Church, Swaffham Bulbeck, and sent to Ian Woodroffe, The Vicarage, Swaffham Bulbeck (no telephone bookings).  
NO tickets will be sold on the evening of the performance.

K. S. & N. E. PEACOCK

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SHIRE HALL TITBITS

As few County Council meetings take place during August, I have little to report this month - perhaps Cambridgeshire is run better when the Councillors go on holiday and the staff are left to mind the shop unhindered by politicians!

At intervals, I think it is helpful to remind residents of Reach of what Services are provided by the County Council and the areas in which I might be able to help you personally. Shire Hall runs Education, Social Services (but not Social Security), most Highways, the Fire Service, Libraries, Smallholdings, some Planning and, of course, the Cambridgeshire Constabulary comes under the County Police Committee. Many people are understandably confused as to which Council provides which Service - Housing is run by the District Council - but problems on several subjects can be brought to me by a call or telephone (Cambridge 811209) and I will at least try to help.

It may also be worth mentioning that our Member of Parliament, The Rt. Hon. Francis Pym, can be contacted at the House of Commons, London, SW1A 0AA. I never cease to be amazed at the number of people in our area for whom Mr. Pym has been able to procure assistance or advice of one sort or another.

Geoffrey Woollard, County Councillor.

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THE STAINE HUNDRED

The next meeting of the Staine Hundred - The Bottisham and district local history society - will be on Tuesday, 19th September in the Lecture Room at Bottisham Village College. There will be a brief Annual General Meeting at 7.30 p.m.; this will be followed by a talk by Wilfred Simms of Swaffham Bulbeck on 'How to begin to look at local history'.

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ELECTRICAL SAFETY IN THE HOME

This is where it affects all of us, for there cannot be many houses without electricity. Most houses in Reach are fitted with earth-leakage trips; these have a test button which simulates fault conditions. You will find instructions for this on the trip itself. Failure to trip may be caused by a severed earthwire or a faulty trip. Very prompt attention is then required.

Should a fuse blow at any time, locate appliance and disconnect before replacing. Do not increase the size of the fuse wire - fuses are to protect circuits.

Here are points to check for some appliances and fittings:-

Check flex for fraying or cracks. If in doubt, replace it.

Never use flexes that are too long - you may trip over them; do not coil flexes as a means of reducing their length as this may cause overheating, depending on the load.

Flexes usually consist of an outer sheath and insulated cores; make sure that the outer sheath is held captive by the cord grip of the plug.

The plug itself should never get more than warm. If it does, check for good fit of the plug in the socket, and check the connections inside the plug to ensure tightness. Always use a good quality plug. Two well-known brands are MK and Crabtree.

Avoid using adaptors if possible.

Periodic inspection of the wiring in a house is very worthwhile, as the risk of fire or short circuit can then be eliminated. A clue to the age of an installation can be found by looking at the wiring. PVC cables have been in use for over fifteen years now, and have a grey external sheath. Rubber cables have a black sheath. Joints in cables and flexes should be avoided whenever possible, but where they prove necessary, a mechanical connector or flex connector should be used. Do not make even a temporary joint relying on insulation tape only.

Appliances such as refrigerators and freezers need adequate ventilation around the heat exchangers at the back, and are best placed out of sunlight, as this increases the workload of the motors.

contd. over.....

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ELECTRICAL SAFETY IN THE HOME contd.....

Make certain that your spindrier stops quickly, when the lid is opened, and when using an electric iron, try to avoid letting the flex chafe on the ironing board; always use a flex support and iron stand - there are several proprietary makes on the market.

Avoid having radiant electric fires near furniture and furnishings, and do not cover convector or nightstore heaters - for example to dry the laundry. As for electric blankets, never sleep on an underblanket when it is switched on; follow manufacturers' instructions for storing and cleaning, and periodic inspections.

In the bathroom and toilet, lights should be of totally insulated construction and beyond reach. The only type of switch allowed in these rooms is the cord-operated type. Never take any electrical appliance into these rooms. An electric fire must be permanently fitted so as to be beyond reach, and - once again - operated by a cord switch. Electric razors may be used in the bathroom provided that a special isolated razor socket is used.

Out of doors, take care to keep the flex of electric lawnmowers and hedge-cutters well out of the way of the cutting area, and be careful with fingers and toes!

To end, never assume it will be all right. If in any doubt, seek professional advice. Your family and friends would miss you.

John Biggs.

NOTE: Following my article last month, Mr. Derek Badcock has kindly drawn my attention to a leaflet published by Eastern Electricity, entitled "Live Electricity Cables Underground - The Do's and Don'ts of Digging".

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One ship sails East and another sails West  
With the self same winds that blow.  
'Tis the set of the sail and not the gale  
Which determines the way they go.

As the winds of the sea are the ways of fate  
As we voyage along through life,  
'Tis the act of the soul which determines the goal  
And not the calm or the strife.

Anon.

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\*\*\*\*\*  
\* SWAFFHAM PRIOR AND REACH YOUTH CLUB \*  
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The club commences on Tuesday 12th September at 7.30 p.m.  
Applications for membership will be given to those who attend the  
school.

Rules of membership:

Only young people who live in Swaffham Prior or Reach and who  
have left Primary School but not yet reached the age of sixteen  
will be eligible.

Membership will only be granted at the discretion of the Members'  
Committee. It may also be withdrawn at the discretion of the  
Members' Committee without explanation.

A subscription of 10 pence is payable at each attendance.

Initially the Club will be open from 7.30 to 9.00 p.m.

Members will be expected to conduct themselves in a manner that  
does not interfere with the smooth running of the Club and the  
enjoyment of others.

Any breakages will be paid for by the person deemed responsible  
by the Members' Committee.

Smoking is not allowed.

We are in dire need of a TABLE TENNIS TABLE or some similar  
table game; if anyone has one available (any reasonable condition) we  
would be pleased to hear of it.

Winter is a testing time for this sort of club since outdoor  
activities cannot be organised. Therefore we need all the HELP we can get;  
in particular we do need a LADY who will regularly attend the club to help  
the adult committee to run activities for the girls. Robert Clinch

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FRIENDS OF THE SCHOOL

A new term approaches and events will be organised throughout. First, however, there will be an Open Evening at the school on Friday 29th September at 7.30 p.m. The youngsters will be giving a show and coffee will be available. Since it will be the children's open evening we hope that you will all come along and support us, but we expect that you will be pestered into submission anyway!!

Future events: Film Night on Friday 13th October  
Fireworks on Saturday 4th November

Next Committee Meeting: Thursday 19th October

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BOTTISHAM YOUNG FARMERS CLUB

On 7th July, Mr. and Mrs. Dark from Girton showed slides on Southern India and the following week, Mr. D. Jones of the Regional Transfusion Centre, gave a very interesting talk and showed a film on the work of the Centre. The last meeting before the summer holidays was on 21st July when Professor Plumley gave a talk and showed slides on Egypt.

One forthcoming event will be a Jumble Sale at Bottisham Village College on Saturday 23rd September at 2.30 p.m., and the next meeting of the Club will be on Friday 15th September at 7.30 p.m., also at Bottisham Village College.

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OUT OF REACH - Further copies are available from the Post Office -  
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people read the news Out of Reach!

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RECIPE

BLACKBERRY CREAM

$\frac{1}{4}$ lb. sponge cake or biscuits	Vanilla essence
$\frac{1}{2}$ pint milk (good measure)	3 eggs
$2\frac{1}{2}$ oz. sugar	$\frac{1}{2}$ lb. blackberries
	$\frac{1}{4}$ pint water
	1 tsp. arrowroot

Soak the sponge cakes or biscuits in the milk until soft, then sieve them. Add the sugar and a few drops of vanilla essence, also the lightly beaten eggs. Grease a deep 6-inch straight-sided sandwich tin, sugar it, and pour in the mixture. Bake for about 30 minutes, or until set. Meanwhile simmer the blackberries in the water until tender. Strain the juice, thicken it with blended arrowroot and cook until clear. Turn out the cream, top with blackberries and cover with the arrowroot glaze.

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DATES FOR YOUR DIARY

23rd September - Pork, Punch and Beer Evening,  
Village Centre - 8.00 p.m.

24th September - Dog Show, Village Green - 1.30 p.m.

Do come and support these functions.

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