

REACH

Welcome to the ancient kingdom of Reach,
Cambridgeshire, England



The ancient Township of REACH, or RECHE, has been inhabited for 2,000 years. Local legend says that it was once a city boasting seven churches! Situated at the termination of the great earthwork known as the Devil's Dyke, with Reach Lode giving direct access to the sea, it survived the Conquest as an inland port. It was the centre of considerable trade in mediaeval times, being granted a charter to hold an annual fair at Rogationtide by King John. Later, as the activity on its hythes decreased and its maritime importance declined, Reach, with its great fair dwindling to the proportions of a village 'feast' and its many inns closing one by one, gradually lapsed into a purely agricultural community. Reche the port has gone, only Reach the hamlet remains.

Out of Reach



Reach Community Magazine Aug/Sept 2008

Information

Parish Council Chairman Michael Aves 742800
Parish Clerk Dave Parr
Village Hall Committee Ross Clark
Village Hall Bookings Joyce Harrison, 742405
County Councillor Hazel Williams
District Councillor Allen Alderson 01638 741744
Neighbourhood Watch Joyce Harrison 742405
Vicar Revd Canon Stephen Earl 741262
Hon.Assistant Priest Revd David Bush 741839
Asst.Curate Revd Gill Smith 743589
Licensed Lay Minister John Hooper 742026
Priest in Retirement (Reach) Revd David King 742924

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Distribution Joyce Harrison. 742405

Doctors (The Burwell Surgery, Newmarket Road, Burwell, CB5 0AE)

Appointments/Emergencies 741234

Doctors Dr Anne Shneerson, Dr Andrew Wills,
 Dr A Manning, Dr James Parry, Dr Maureen Birch
Surgery Hours
 Mon 8.40 - 11.30 am, 3.00 - 5.30 pm
 Tues. 8.40 - 11.30 am, 3.00 - 5.30 pm
 Wed 8.40 - 11.30 am, 3.00 - 5.30 pm
 Thu 8.40 - 11.30 am, 3.00 - 5.30 pm
 Fri 8.40 - 11.30 am, 3.00 - 5.30 pm

Community Nurses 742382 11 - 11.30 am, 1.00 - 1.30 pm & 4 - 4.30 pm
Ante Natal Wed. 4.30 - 5.30 pm, Run by Midwife
Child Health Surveillance 2nd & 4th Tuesdays. 2.00 - 4.00 pm

Emergencies

Eastern Electric 01223 440221
Anglian Water 01603 225000
Police 999 Non Emergencies 0845 4564564

Church Services



Services at Burwell and Reach		
Sept 08	St Mary's Burwell	St Etheldreda & the Holy Trinity Reach
7 th Trinity 16	8.00am Holy Communion (said) 9.30am Family Service	
14 th Trinity 7	9.30am Parish Communion	8.00am Holy Communion (said) 7.00pm "Sunday @ 7" Informal Contemporary worship
21 st Trinity 18/ Patronal Festival	<u>Patronal Festival</u> 9.30am Parish Communion With the Bishop of Ely Rt Revd Dr A J Russell	
28 th Trinity 19	8.00am Holy Communion (said) 9.30am Parish Communion	<u>Reach Harvest Festival</u> 11.00 am Family Worship

Church Services



Services at Burwell and Reach		
Aug 08	<i>St Mary's Burwell</i>	<i>St Etheldreda & the Holy Trinity Reach</i>
3rd Trinity 11	8.00am Holy Communion (said) 9.30am Family Service	
10th Trinity 12	9.30am Parish Communion	8.00am Holy Communion (said) (No "Sunday@7" this month)
17th Trinity 3	8.00am Holy Communion (said) 9.30am Parish Communion	
24th Trinity 14	8.00am Holy Communion (said) 9.30am Parish Communion	
31st Trinity 15		9.30 am United (5th Sunday) Parish Communion

Editor's Notes



The purpose of Out of Reach is to serve the whole village by circulating information and interesting articles free to every household in Reach. Issues are published bi-monthly with cover dates of Dec/Jan, Feb/Mar, Apr/May, Jun/Jul, Aug/Sep and Oct/Nov. Items for inclusion should reach the editor two weeks before the 1st day of the first month on the cover. Inclusion date for Oct/Nov issue will be 14th September.

From the Editor

The front cover of this edition is dedicated to our own World Champion. Triathlete **Juliet Vickery** has recently won Gold medals in her age group at the World Championships, European Championships and recently representing Great Britain. With the forthcoming Olympics we thought it would be a good idea to have a sports section in the magazine and we would love to hear from anyone with stories on your sporting activities. We know there are lots of unsung sporting heroes and heroines out there!

As some of you will know I appeared on Radio Cambridgeshire recently regarding the "peafowl" situation and there has also been an item on Radio 2. It appears to be a national problem with flocks (or whatever a group of peafowl are called) running riot around several villages in the UK— uprooting plants, damaging cars and generally making a nuisance.

Please note another change of e-mail address for Out of Reach. I have reverted back to the village broadband so please use the e-mail address below for all articles and comments

You may have noticed a change in the finish of "Out of Reach". This is because we have changed our print company. Changes to the overall look of the magazine are also in the pipeline, as are some more new sections.

Grahame Radford

01638 742814
gnk@reach-village.co.uk

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discussing topics of common interest, followed by the highlight of this year's programme - 5 days sailing an ancient tall ship on the Baltic Sea, hoping to reach Copenhagen with a fair wind. We will spend the final Sunday in Bansin with an open air service on the promenade which always attracts many passers-by. After a final swim in the sea (and how strange there are no waves in the Baltic Sea!) we will say our farewells and return home.

Our overseas links in Europe are an important part of our mission activity and seeing ourselves as part of a worldwide Church; for we have so much to learn from one another. And it's pleasing that so many people - of all ages - have said how much they have benefited from these links over the years.

*In Christ there is no east or west,
in him no south or north,
but one great fellowship of love
throughout the whole wide earth!*

With every blessing,

Stephen

Reach Village Centre



To help raise money for the Village Hall extension we have a 100 club. Tickets are just £10.00 each.

The 100 club has 10 draws a year.
8 draws of £20.00 on the 3rd Wednesday of the month
2 draws of £50.00
July and December

⁴
Please contact Joyce Harrison 742405

Church News



FROM THE VICAR, REVD CANON STEPHEN EARL.

Dear Friends,

This summer marks the 10th anniversary of the friendship link between our parish and the Lutheran Church of Bansin in Germany. Bansin is a beautiful seaside resort on the Island of Usedom in the Baltic Sea, just off mainland Germany and close to the Poland border. Each year, through our exchange visits, a great many young people and adults have benefited as participants, hosts, supporters, and in meeting our friends - at services, shared meals, and on outings.

For this special year, we have two separate visits in each other's countries. Back in June it was a great pleasure to offer hospitality here to a group of 10 adults and 1 youngster, with a programme laid on for them locally, as well as a visit to London (including St Paul's Cathedral). In Cambridge the group enjoyed a rare chance to walk along the roof void above the stone vaulting of King's College Chapel, and at Ely Cathedral the group experienced pilgrimage and lantern tours, after which we stayed for Evensong at which their Pastor and I read the lessons. Earlier that afternoon Bishop Anthony and his wife Sheila laid on a wonderful tea for us, and showed our visitors their wonderful house and gardens - Bishop Anthony has followed our link with much interest over the years, among the most successful in the diocese. Other trips included Bury St Edmunds, Newmarket, Saffron Walden, and our own splendid museum in Burwell.

The highlight of their visit was the Lutheran Eucharist at St Mary's Burwell in which Pastor Peter Nieber preached and presided at Holy Communion (under the Meissen Agreement between the Anglican & Lutheran Churches) in near-perfect English! In his sermon Peter gave us the ingenious illustration of a boat crossing the North Sea and arriving Jesus Lock in Cambridge as an image of our journeying through life and arriving at the gateway to heaven! So in the afternoon we took a river-boat outing on the Cam from Fen Ditton to Jesus Lock. The most moving moment surely was when Norman Sibbons, who fought in the Second World War, presented to each of the German group a beautiful wooden cross he had made, and to Peter a further large cross in oak for the church in Bansin, as a symbol of peace and friendship. I'll not forget that very special moment.

In August the next visit takes place in Germany: with young people from Burwell, Bansin, and also our other link church, a Reformed Church in the historic town of Sárospatok in Hungary with whom we celebrate a 5th anniversary of friendship this year... 45 people (13 youth from each country and 2 leaders) will be camping at Trassenheide on the Island of Usedom, visiting places of interest and

Diary Dates



DATES for your DIARY

August

Tues 5	Mobile Library	Village Green	1.10 pm
Weds 6	Parish Council Meeting	Village Hall	7.30 pm
Fri 8	Recycling Day		
Tues 19	Mobile Library	Village Green	7.30 pm
Fri 22	Recycling Day		1.10 pm
Sun 31	Family Sports Day	Village Green	2.00 pm
Sun 31	Pub Quiz	Dykes End	8.00 pm

Sept

Tues 2	Mobile Library	Village Green	1.10 pm
Weds 3	Parish Council Meeting	Village Hall	7.30 pm
Fri 5	Recycling day		
Tues 16	Mobile Library	Village Green	1.10 pm
Weds 17	Hall Committee	Village Hall	8.00 pm
Fri 19	Recycling Day		
Sun 28	Pub Quiz	Dykes End	8.00 pm
Tues 30	Mobile Library	Village Green	1.10 pm

Reach Village Centre 100 club

Latest Winners :-

April - Jenny Holmwood
 May - Jenny Reed
 June - L Fry
 July (£50) - John Holmwood

REMEMBER – To win it you've got to be in it

Notices



HARVEST SUPPER

Harvest Supper is under new management but the same chefs!

Friday October 3rd in the Village Hall at 7.00 pm

Advance warning of this fabulous evening of good food, good company and, thanks to Hilary Fielding (Almond) and team, great entertainment.

Tickets £7.50 (adults) £3.50 (children), £20.00 (family).

Contact Joyce Harrison 742405, or Helen Oliver 742484
helenoliver01@btinternet.com

Reach Sports day with an Olympic flavour Sunday 31st August on the Sports Field.

The annual village sports day will take place a little later this year to capitalise on the inspiration of the Olympics. Plans are afoot for our own Olympic Torch to kick get things started plus all the old favourites three legged, sack and slow bicycle race. Lets hope we can all have some fun in the sun!

Any queries or offers of help see Juliet Vickery (742676) or Susan Gillard.

Farmers' Market Burwell Village College

2nd Saturday each month 9.30 - 12.30
Refreshments Available

Our English summer has arrived and we have the very best local soft fruit and vegetables available, juices, organic bread, relishes, beef, beer and pies. In addition we can offer single estate coffees, selected cheeses and even hand made bath and beauty products and local honey. Not forgetting a wonderful selection of bedding plants and perennials. There is always fresh and smoked fish direct from our own Lowestoft fish merchant who buys first thing Saturday morning to offer the very freshest fish you can buy.

July 12th, August 9th, September 13th

35th Haddenham Steam Rally

plus
Haddenham Heavy Horse Show (Sun)



A nostalgic weekend for all with Over 500 exhibits from a bygone age
Near ELY, Cambs. on the A1421 road
6th and 7th SEPTEMBER 2008

Gates Open 10.00am, first event 12 noon
Adults £7.00, OAPs £5.00, Children £3.00
CAR PARK FREE

Enquiries: 01487 842771 or www.haddenhamrally.com

A Message from your District Councillor

We should all welcome the news that our Post Office at Swaffham Bulbeck is not included in the latest list of closures. We can all play a part in its viability; it really is a case of USE IT or LOSE IT. The Post Office and local stores provide an important service for many local community members, particularly the elderly and those without transport.

The inclusion of the bag for plastic bottles in the re-cycling round is proving to be a success and is being much used. Following my request, further parts of the Fen area in the Ward are being included. East Cambs District Council operates an assisted lift scheme for those elderly or disabled people who experience difficulty in putting out their refuse or recyclables for collection. Anybody wishing to participate in the scheme should contact Waste Management Service at ECDC for further information.

The first round of the process to find a new company to run The Maltings, the historic centre for conferences, exhibitions and banquets in Ely, has been completed with seven contenders being short-listed for the next stage. These companies, which were unanimously agreed at a Policy and Resources Committee meeting, will now have 50 days to submit their full tender for a final decision to be made so that the building can re-open later this year. The Cinema will re-open as part of the contract.

Ely's Jubilee Gardens has, for the fourth year in a row, won a prestigious Green Flag award for being amongst the best parks and green spaces in the Country. Opened in 2002 by Prince Philip to mark HM The Queen's Jubilee, the gardens were judged to be welcoming and well maintained with the support and involvement of the local community.

Oliver Cromwell's House in Ely showed further improvements through 2007/8. There were an additional 5,500 visitors to its Tourist Information Centre; higher admission attendances; a 50% increase in guided tour income and also an increase in profit on retail sales of 15%

Allen Alderson

For Hire from Reach Village Hall

Marquees - £80.00
(includes erection by
experienced personnel)

10' x 10' Gazebos - £20

Large BBQ - £20.00 deposit
(£10.00 returned if the BBQ is returned fully cleaned)

Please contact Andrew Hall on 01638 743737



Reach & Swaffham Prior Community Broadband



Your local internet / e-mail provider
(Before going to BT contact us)
£20 per calendar month

Name.....

Address

.....

Tel No.....

Please fill in this form if you require Broadband and return it to
Paul Catling, 10 Adams Road, Swaffham Prior
For further details contact Paul on 07005 800 991



The school year has ended with a flourish. The fabulous performance of Robin Hood really made the end of year special and the children really performed well. The singing was fabulous and the acting splendid. We are already thinking about what we will do next year!

The children in Years 5 and 6 had an action packed residential trip to the Mepal Outdoor Centre. They took part in a variety of activities including rock climbing, sailing, kayaking, snorkelling, archery and orienteering. The children managed to overcome their fears and get stuck into all of the activities with enthusiasm. They were certainly tired when they got home!

We have had a very sporting half term with all of the children being involved in a variety of sports. We had our Sports Day in June and it was a lovely day. We took the theme of the Beijing Olympics with many of the events having a Chinese theme. The Year 2 children took part in a Multiskills festival at Bottisham Village College, where they tried a variety of different games. All of Key Stage 2 went off to Ely to take part in the very first Youth Games. They competed against other schools in the sports of Hockey, Cricket, Tag Rugby and Netball. Finally we sent a team of year 5/6 children off to Netherhall School to compete in a Basket ball tournament. They did very well, coming 5th out of thirteen teams.

Raising money for our new swimming pool has gone extremely well this year, thank you very much for all of the village support. We are at the stage where we will hopefully be able to have the pool installed in February next year, ready for use next summer. The whole school took part in a sponsored swim event in June to help raise further funds. The children set themselves a swimming target and we took them all to Bottisham pool, where they were able to achieve their swimming goal. It was a really good morning.

The whole school went on a visit to Wisbech on Monday 7th July. We went to take part in a Children's Our World Festival to develop the children's understanding of the multi-cultural world we live in. They saw lots of exciting things including, Bhangra dancers, Indian story tellers, Samba dancers, Romany caravans and Polish dancing. Many of them have been trying out the moves at school!

We are continuing to work hard to achieve the targets set in our school Travel Plan. The bus service that the children use from Reach is certainly very popular and has definitely cut down on the number of cars being used in the mornings. Our Walk on a Wednesday scheme is very popular with nearly the whole school getting their achievement badge each month.

Grants available for capital projects from the Donarbon Community Fund

If you are a not for profit organisation looking for grant funding for a capital project, you may be eligible to apply for a grant from the Donarbon Community Fund.

The Donarbon Community Fund, managed by the Cambridgeshire Community Foundation manages, receives landfill tax credits from Donarbon Waste Management and uses the money to make grants under set criteria.

The Donarbon Community Fund will fund projects in Cambridgeshire and Peterborough that are within 10 miles of a Landfill site.

Grants are available for the following projects

- The provision, maintenance or improvement of a public park or other general public amenity
- The conservation of a specific species or a specific habitat where it naturally occurs
- The repair, maintenance or restoration of a place of worship or a place of architectural importance

Grants will normally be for up to £20,000, although in exceptional circumstances, support to projects may be offered at a higher level.

If you wish to apply for a grant you need to be able to contribute 10% of the value of the grant you are seeking.

The first stage to access a grant is to complete an expression of interest form. This form, along with guidance notes and more general information can be obtained from the Cambridgeshire Community Foundation (01223 421588) www.cambscf.org.uk. The panel who will meet to consider grant requests meets on a quarterly basis in early July, October, January and April.

Lastly, but not least, our Clerk, Claire, who unfortunately has handed in her resignation. Thank you for all you have done during your time as clerk.

And thank you to anyone I may have forgotten!".

Council Council Report

(awaiting written document)

District Council

(awaiting written document)

Village Hall Report

There was a very good turnout for this year's Fair – about 7 – 8,000 people attended.

We would still like to see more children walking on the other days of the week as well. When the children are asked, they would really like to be able to cycle to school more often. We need to look at our provision for cycle storage in order to enable this to happen. The area outside the school on Station Road can become very congested at the end of the school day, so we are still encouraging parents who drive to park in the village hall car park and walk through the path with their children.

Our school field is a great resource for the school and also the community. We don't mind people using the school field and playground out of school hours, but we do ask that the grounds and school equipment is respected. Recently we have found a lot of litter on the school field and some canes in the gardens have been broken. We have also found a lot of dog excrement on the field and do ask that people do not allow their dogs onto the field.

The new Reception children who are starting school in September have really enjoyed their visits to the school, especially the seaside picnic. We are looking forward to welcoming them as permanent members of the school community on 4th September.

Emma Vincent
Headteacher

SATURDAY DANCES

You've seen the professionals do it, you've had the lessons, and now you can join in.

The "Lets Dance" club has organised Saturday social dancing evenings at Bottisham Village College. A good mixture of Ballroom, Latin and Sequence dancing in the Main Hall. Music is by Clive Hurt, who teaches dancing in Cambridge.

Dancing starts at 7.30pm and continues to 10.30pm. The cost is £5 per person which includes interval tea/coffee. You are welcome to bring along your own refreshments.

Dancing is on the first Saturday in the month, on 6 September, 4 October, 1 November, and 6 December. There is ample parking on site.

For more information contact Frank & Sue on 01638 741159, or visit Clive's web site (www.cjdanceschool.co.uk).

**Minutes of Annual Reach Parish Council Meeting held on
Wednesday 4th June 2008**

WANTED

Odd balls of knitting wool for shoe box fillings
and blanket squares etc.

Contact Joyce Harrison 40, Great lane. 742405

Village Games for Hire

Following this year's Fair we have a number of stall Games for hire.

These include:-

Feed the Frog, Drop the Dice, Splat the Rat and Hoopla.

Ideal for private parties, fund raising etc.

Interested?

Then telephone Jan Tabecki on 01638 742552 (Deposit required)

Present

Chairman Cllr Aves, Vice-Chairman Cllr Clark, Cllr Harrison, Cllr Lang, Cllr Platt, Cllr Dunnett, Cllr King and D/Cllr Alderson, C/Cllr Williams plus members of the public

Woodland Trust

Mr Jonathan Plowe was expected to give a talk at the start of the meeting regarding Reach Wood, but cancelled at the last minute. The Parish Council looked at a map to ascertain where an alternative path for horses could be placed with John Cole's permission.

Jonathan Plowe has agreed to a meeting tomorrow at 2pm at the wood.

Reports

Chairmans Report

"The Parish Councillors have been meeting every month giving up their time to run the village. Hopefully we can make it a better place to live in.

The village mower has had mechanical problems again this year, so we will probably have to explore the possibilities of either purchasing a new, or second hand one. Or the alternative could be to hire a contractor to cut the grass.

The National Trust has attended some of our meetings to update us on the progress of the Wicken Vision. At the last presentation a good number of the general public attended. A bridge has been erected over the Swaffham Bulbeck lode, and another is proposed for Reach lode.

There has been a problem with people riding horses on the pathways around the wood, causing them to become muddy and also using the wooden benches as jumps. Various solutions have been proposed and hopefully everybody will be able to use the wood.

Robert Wood has left the Council and we thank him for his support and welcome Angela King in his place.

I would like to thank the parish council members for their hard work and support during the year. Also John Robinson and John Reed in their roles helping the Parish Council. I would also like to thank our County Councillor Hazel Williams and District Councillor, Alan Alderson for their support. Thanks also to the grasscutting team who keep our village looking tidy.

**Minutes of Reach Parish Council meeting held on
Wednesday 4th June 2008**

Present

Chairman Cllr Aves, Vice-Chairman Cllr Clark, Cllr Harrison, Cllr Lang, Cllr Platt, Cllr Dunnett, Cllr King and D/Cllr Alderson, C/Cllr Williams.

Minutes

The minutes of the Parish Council meeting held on 7th May 2008 were confirmed and signed.

Matters Arising

Planning Application

Mr and Mrs J & E Tabecki Ref: 08/00418/FUL

Chapel Farmhouse, 4 Chapel Lane, Reach

The Parish Council are broadly supportive of the contrast in style but feel that the building should be 'pushed back' so that it is not straight across the front of the existing property".

Devils' Dyke

Cllr Clark was concerned that Devils Dyke is becoming rather overgrown and was under the impression that sheep were going to be put onto the site to keep things tidy, but there are no sheep in sight!! The clerk will write to the CC Rights of Way officer to find out what is happening.

Swaffham Prior School Swimming Pool

A letter of thanks had been received from the fundraising committee thanking the parish council for their donation of £100.

Fair Commemorative Plaque

Ross Clark had received a letter from Cambridge City Council expressing their concern over the state of the commemorative plaque on the farmhouse celebrating the 800th anniversary of Reach Fair. The Parish Council agreed to clean the plaque with Brasso.

Overgrown verges around Reach

The clerk will write to Mark Kemp at CCC regarding the overgrown grass verges that obstruct view along the roads.

Cheques:

Wicksteed Leisure		£ 88.13
J Pollard	(cemetery gates and fence	£862.45
Ben Burgess	(repairs to mower)	£ 592.60
D Blocksage	30	£ 130.00

The date of the next meeting will be Wednesday 2 July at 7.30pm

OLD MAN

What are you thinking about? Old man of the woods when you
Walk around each day

Are you remembering when you were young? And the games
You used to play

Do you recall your school days? When your life was so full of
Fun

The many friends you made at school, the things you did when
School time was done

Are you thinking of the long hot summers? And Sunday School
Outing by the sea

Playing cricket on the beach, ice creams, and swimming, what
A treat this used to be

Or are you remembering the long cold winters,? With snow and
Frosts day and nights

And skating on the river, clearing snow, cold hands, and having
Snowball fights

Or are you thinking about your Army days? And the many good
Comrades you had

When you became more closer than brothers, when times were
Good or bad

Or perhaps you just enjoy the pleasure that walking round the
Woods can bring

Just watching out for all the wild life, and listening to our birds
That sing

Or do you just sit there peacefully on the seats, in this wood of
Eternal life?

And just forget for short while, in this garden of Eden, all your
Troubles and strife

So walk around each day, Old man of the woods, and enjoy a
Peace of mind

Because no matter how long you search, no better place you will
Find

BILL ESTALL 2008

Bus Timetable



We are indebted to **Ian Massini** who has kindly volunteered to provide and maintain an up-to-date timetable in "Out of Reach" for the residents.

Mondays to Fridays

Newmarket Rookery	Reach	Swaffham Prior	Cambridge Drummer St	Bus
06.22	06.54	06.57	07.38	10
—	07.39	07.42	08.36	10
09.22	09.54	09.57	10.35	10
Then .52 & .22 past each hour	Walk 12.54	Then .27 & .57 past each hour 12.57	Then .05 & .35 past each hour 13.35	10/10A 10
Then .52 & .22 past each hour	Walk 16.22	Then .27 & .57 past each hour 16.57	Then .05 & .35 past each hour 17.35	10/10A 10
17.22	17.54	17.57	18.35	10
17.52	18.24	18.27	19.08	10A
18.52	Walk	19.27	20.05	10
—	Walk	21.52	22.30	10

Cambridge Drummer Street	Swaffham Prior	Reach	Newmarket Rookery	Bus-
07.00	07.32	07.35	08.11	10
09.00	09.32	09.35	10.08	10
09.22	09.54	09.57	10.35	10
Then .30 & .00 past each hour	Then .02 & .32 past each hour (walk)		Then .38 & .08 past each hour	10
12.00	12.32	12.35	13.08	10
Then .30 & .00 past each hour	Then .02 & .32 past each hour (walk)		Then .38 & .08 past each hour	10
16.00	16.32	16.35	17.08	10
17.00	17.32	17.35	18.08	10
18.00	18.32	18.35	19.08	10
18.30	19.08	(Walk)	19.38	10A
19.00	19.38	(Walk)	20.08	10
21.00	21.38	(walk)	—	10
23.00	23.38	(walk)	23.08 (Tesco)	10

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Later this month Allen Alderson will be attending a meeting at County Hall, together with Liz Knox (Heath of Environmental Services), Brian Hicks (Traveller – Liaison Officer) and Hazel Williams. At this meeting we will be meeting with various County Council officers to try to resolve various traveller problems within the Ward. This meeting has been arranged following concerns raised at last month's neighbourhood panel meeting

Village Hall

The Committee had been very pleased with the success of the Fair this year.

Items Discussed:

Cemetery

Concerns were still being raised as to the state of the fence on the right hand side of the cemetery. Ron Greenhill will look at how the fence can be improved as a temporary measure to tidy things up and quote on the job.

Playground Inspection

The chicken 'spring toy' needs to be cut off and removed. Ron Greenhill will look into this.

Insurance

The clerk had telephoned Ben Burgess for an up to date value of the village mower. This would be about £2000, so this would bring the premium down. Also as the 'spring' animal is broken and it is going to be removed it means that the insurance premium has been cut to £786.40, instead of £853.17.

Resignation

Claire Denniss resigned from her position as Parish Clerk for Reach owing to other work and family commitments. She gave 2 months notice and during this period will advertise and seek to recruit a replacement clerk.

Cheques:

D Blocksage (cemetery grass)	£130.00
Allianz Cornhill Insurance	£786.40
Village Hall hire	£ 24.00
Browns of Burwell	£ 36.70

Next Meeting

The date of the next meeting will be Wednesday 4th June. This will be the AGM. The General Parish Council meeting will begin at 7.00pm, followed by AGM at 7.30pm, then Jonathan Plowe from the Woodland Trust will talk about Reach Wood, to which members of the public had been invited.

Parish Council Meetings



Minutes of Reach Parish Council meeting held on Wednesday 7th May 2008

Present

Chairman Cllr Aves, Cllr Harrison, Cllr Lang, Cllr Platt, Cllr Dunnett, Cllr King and D/ Cllr Alderson, C/Cllr Williams. Apologies were received from Cllr Clark

Declaration of new Parish Councillor

Mrs Angela King signed the declaration of Parish Councillor.

Election of Officers

Chairman

Cllr Lang proposed that Michael Aves continues as Chairman for a further year despite having already held the position for 3 years (the time limited previously agreed by the Parish Council. This was seconded by Cllr Dunnett. All were in favour.

Vice-Chairman

Cllr Dunnett proposed that Ross Clark takes on the role as Vice-Chairman. This was seconded by Cllr Platt. All were in favour. Cllr Clark had sent an email to the clerk confirming that he would be willing to take on the position of Vice-chair should he be proposed.

Police-Liaison contact: Cllr Clark
Village Hall Committee: Cllr Harrison and Cllr Lang
Honorary Tree Officer John Reed
Swaffham Prior PCC John Robinson

Minutes

The minutes of the Parish Council meeting held on 9th April 2008 were confirmed and signed.

Reports

District Council Report

Dave White joined the District Council on 1st April as the Council's Waste Strategy Office, replacing Martin Stacey. His responsibilities include recycling, refuse collection and fly tipping. His email address is dave.white@eastcambs.gov.uk.

The Council's waste contractors have been experiencing some teething problems with the new waste contract. Due to the increase in dry recycling being put out for collection at the kerbside, the recycling vehicles are sometimes having to make additional trips to Donarbon. This is having knock-on effect with the dry recycling rounds sometimes not being completed on the allocated collection day. Any recycling not collected that day will be picked up the next day, including a Saturday.

Saturdays

Newmarket Rookery	Reach	Swaffham Prior	Cambridge Drummer St	Bus
06.52	(walk)	07.27	08.05	10A
Then .52 & .22 past each hour	Walk	Then .27 & .57 past each hour	Then .05 & .35 past each hour	10/10A
09.22	09.54	09.57	10.35	10
Then .52 & .22 past each hour	Walk	Then .27 & .57 past each hour	Then .05 & .35 past each hour	10/10A
12.22	12.54	12.57	13.35	10
Then .52 & .22 past each hour	Walk	Then .27 & .57 past each hour	Then .05 & .35 past each hour	10/10A
16.22	16.54	16.57	17.35	10
17.22	17.54	17.57	18.35	10
17.52	18.24	18.27	19.08	10A
18.52	Walk	19.27	20.05	10
—	Walk	21.52	22.30	10

Cambridge Drummer Street	Swaffham	Reach Prior	Newmarket Rookery	Bus
07.30	08.02	(walk)	08.38	10A
08.30	09.02	(walk)	09.38	10A
09.0	09.32	09.35	10.08	10
Then .30 & .00 past each hour	Then .02 & .32 past each hour (walk)		Then .38 & .08 past each hour	10
12.00	12.32	12.35	13.08	10
Then .30 & .00 past each hour	Then .02 & .32 past each hour (walk)		Then .38 & .08 past each hour	10
16.00	16.32	16.35	17.08	10
17.00	17.32	17.35	18.08	10
18.00	18.32	18.35	19.08	10
18.30	19.08	(Walk)	19.38	10A
19.00	19.38	(Walk)	20.08	10
21.00	21.38	(walk)	—	10
23.00	23.38	(walk)	23.08 (Tesco)	10

Sundays and Bank Holidays

Newmarket Rookery	Reach	Swaffham Prior	Cambridge Drummer St	Bus
—	(walk)	09.09	09.39	10
—	(walk)	11.09	11.39	10
—	(walk)	13.09	13.39	10
—	(walk)	16.09	16.39	10

Cambridge Drummer Street	Swaffham	Reach Prior	Newmarket Rookery	Bus
10.25	10.52	(walk)	—	10
12.25	12.52	(walk)	—	10
15.25	15.52	(walk)	—	10
17.55	18.22	(walk)	—	10

EXCITING NEW DEVELOPMENTS IN YOUR COMMUNITY

BOTTISHAM SPORTS CENTRE

Bottisham Swimming Pool & Sports Centre will be under the management of Bottisham Village College from 1st August 2008 and as a result we would like to inform you of some exciting new developments:

- *Newly refurbished pool*
 - *Refurbished fitness suite— including new equipment and design*
 - *New pool play equipment for family/fun swim sessions*
 - *Bouncy castle & soft play available for party hire*
- A range of new courses and opportunities for all!*

In order to allow the above developments to be completed the centre will be closed on the following dates

4th August—31st August 2008 Swimming Pool Closed
11th August—31st August 2008 Bodytone Fitness Suite Closed
18th August—31st August 2008 All Indoor Facilities closed

We apologise for any inconvenience this may cause but look forward to welcoming you to our new centre from 1st September 2008.

We are also planning a Family Fun Day on Sunday 14th September 2008 to officially launch the new centre —details to follow shortly. Hope to see you there!

Bottisham Sports Centre, Lodd Road, Bottisham, Cambridge CB25 9DJ. Tel: 01223 811121

Know your Parish Council

Reach Parish Council has seven councillors:

Michael Aves – Chairman 742800
Ross Clark - Vice Chairman
Joyce Harrison - 742405
Rita Dunnett - 742943
Helen Platt - 742331
Penny Lang
Angela King

The Parish Clerk is **Dave Parr**. His telephone number (for street lights not working, Burial Ground enquiries, etc.) is **01638 744081**.

Councillors are also elected to various sub-committees.

For the year 2006–2007, the following Officers have been elected and any inquiries about the various committees can be made through them:

<i>Village Hall Committee</i>	Penny Lang/Joyce Harrison
<i>Police Liaison Committee</i>	Ross Clark
<i>Swaffham Prior Primary School</i>	tbc

Honorary posts:

Swaffham Prior Parochial Church Charities
John Robinson - 74563

Tree Officer
John Reed - 742140

CARING FOR CARERS

“My partner and I never do anything together any more!” one of my clients told me the other day. He was trying to care for an elderly parent along with the other demands of daily life - but that meant he had no time for his partner, let alone any time for himself. No wonder their relationship was suffering!

Many of us have to take on the role of carer at some point in our lives. There are some tough feelings to deal with here such as guilt, resentment, frustration, bitterness and anger to name but a few. Not only that, but sheer physical exhaustion can leave you feeling completely drained – as if you are running on empty with no resources left.

Here are some practical tips:

- *Don't lose your identity. You may be a carer but you are also a person in your own right. Keep your own interests and hobbies going – it will help to keep things in perspective.*
- *It is not selfish to be self indulgent. Give yourself plenty of small treats that will recharge your batteries – you will then be able to give more back to those who are relying on you.*
- *Focus on activities that you can both enjoy – it may be something as simple as watching a TV programme together.*
- *You will get a tremendous boost once you realise that you don't have to struggle on alone. Network like mad. Talking to friends and family will help to share the load.*

Look out for the professional help available for your situation and don't be afraid to ask for it. There are local support groups around which have been specially set up to support carers such as those run by Crossroads (www.crossroads.org.uk).

Relate is somewhere you can turn to for help and support - our counsellors are trained to deal with many different types of relationship problems. So don't wait until things get on top of you - if your relationship is under pressure, and you need someone to talk to, then call us at 01223 357424 to find out more about how we can help you.

Elaine Taylor, Relate Cambridge counsellor

Sports News



Juliet Vickery



Juliet Vickery in action at the national championships in Wakefield

Want to do a sponsored cycle ride?

PS it will start in Cornwall and end in Swaffham Prior

"You must be joking." "No way". "You don't mean St Austell in Cornwall?" "I would love to but my knees/work/kids/time" Such were the responses to the suggestion of taking part in a 300 mile cycle ride to raise money for the swimming pool appeal. Undeterred, an 'open meeting' was planned. Present: two very keen women, one realist ("we are no longer in our 20's you know!"), one considered, quiet one who looked as though he could be persuaded to join in and one 'not so quiet' type with a 'have a go' attitude. Plus 2 supporters! Within an hour the 5 had committed themselves to the event. But thank goodness for the realist - he had proposed that rather than cycle 100 miles a day we should make it a relay event: cycle 3 hours, rest 3 hours; repeat for 2 or 3 days and we would make it and only need a day off work. Great idea. We left with the intention of meeting in the pub to refine the plan!

Two other people joined. The Saddle Sore Seven was formed. Training started – randomly. Mandy was seen most mornings racing through the fens at dawn. Graham cycled to Cambridge everyday and terrified us all with his fitness levels. Andy, it emerged, had a history of cycle events, regularly visited the gym and on his first outing covered 50 miles. Phil – well lets just say he never got to any meetings because he was so busy training! That left Adam, Tim and myself cycling less than we had planned and worrying about fitness levels. Then Tim got fit, so that just left two of us worrying. But the miles clocked up and, optimistically, we set a date.

Day 1: It's a long drive to Cornwall. (Once the alarm clocks had gone off) we left for St Austell on a Saturday morning at 7am, and by 2pm team A were on their bikes leaving the Eden project in a blaze of glory – and light rain! We arranged to meet them 50 miles down the route at 5pm. But the fen training had not prepared us well for Cornwall! We swapped at 30 miles, team A feeling euphoric and tired and team B slightly nervous. Team B set off slowly. We had anticipated the hills would slow us down – but that was the uphill bit. We hadn't reckoned on the downhill bit being quite so scary! Average mph was down. The rains set in. Dusk approached. We were 20 miles short of our target miles and our hotel in Exeter when we stopped, loaded the cars and drove to the hotel. We just made last orders in the restaurant; sat down to eat at 10pm, (steaks and beers then helped reformulate the plan) and at 11pm were unloading bikes and locking them into sheds. A long day 340 miles in a car and another 85 on bikes.

Day 2: at 6am team A went back to the point where we finished the previous night and team B set out from the hotel. The new plan went into action. No time for 3 hour rests. We played 'leapfrog': team A drove to a village, abandoned the cars, hid the keys and started cycling. When team B reached the cars they jumped in (after a leisurely cup of tea and a chunk of Mandy's mums fruit cake!) drove for 50 miles, abandoned the cars, hid the keys and started cycling. Dog village, Honiton, Rapps, Castle Cary, Frome, Westbury, Goring, Wallingford, and finally Watlington (just south of Oxford).....our goal for the day. We just made it by dusk. 170 miles. We had all spent around 7 hours in the saddle. But it was 9pm – we needed to find our hotel and more importantly food! (The cycle computer was showing a consumption of 1300 calories for the day!) Food orders were phoned ahead. Once again we sat down to eat at 10pm (but this time still in cycle shorts and some still covered in oil!) and once again were sorting out bikes at 11pm. But this time we were even more tired.....

Day 3. The end in sight. No hills! Easy peasy lemon squeezy – if it had not been for the northeasterly head wind! Thank goodness we knew about 'drafting'. We continued the leapfrog strategy from Watlington across Bedfordshire and into the fens.

Letters to the Editor



Dear Mr Radford

I am part of a committee currently organising this year's Bridge the Gap Charity Walk. The walk is organised jointly by the Cambridge Evening News, the University of Cambridge and Cambridge University Press, and is a 4 and a half mile sponsored stroll through the grounds of Cambridge's beautiful colleges. This year will be the 7th walk with proceeds going to the Arthur Rank Hospice Charity, Press Relief – The News Community Fund and Teenage Cancer Trust Appeal. The walk is taking place on the 14th September.

I was wondering if you would be able to promote the walk in your magazine/ newsletter and on the village website. If you feel you can give us a bit of space, let me know and I will forward you a Press Release or Advert. If nothing else it would be fantastic if you could add the walk to your diary/events page.

We plan to launch on 18 June 2008.

Hope you can help!

Best wishes

Kate Judge
Events Assistant
Cambridge Newspapers Ltd

Tel: 01223434317

Email: kate.judge@cambridge-news.co.uk

L.O.R.A
(Ladies of Reach Association)

Christmas Dinner

Hilary and Karen are again arranging the Ladies Christmas dinner. Same format as last year. Subject to availability it will be Friday November 28th. The numbers will be restricted to 24.

Please telephone and advise if you want to be included it will be on a first come first serve basis. We already have 8 names on the list. Look forward to hearing from you .

If anyone has any ideas for an evening please let us know. We are always happy to arrange it but we really would like to find a subject(s) that will attract more than 10 of us !!!

Karen Carpenter
742814

Hilary Fielding
741853

We all met up in Commercial End to cycle into school together. Just 48 hours after leaving St Austell we were cycling into Swaffham Prior. We knew something was planned for our homecoming - but we were not prepared

The church bells brought lumps to throats. The screams of kids ("They're here, they're here!") were deafening and the waving of flags just fabulous. The welcome was overwhelming. Had it not been that we were all so tired I am sure there would have been tears! We all cycled through the playground and to a finishing line to the cheers. Fabulous. Prizes, gifts, thanks and speeches. It was a wonderful welcome home.



Helen Oliver

Just one of the SADDLE SORE SEVENAdam Collier, Tim Doe, Mandy King-smill, Phil Kingsmill, Graham Lingley, Andy Tozer.

PS At the time of writing the SS7 cyclists have raised over £5, 000 for the swimming pool appeal.



CHRISTMAS CRAFT FAIR
30th NOVEMBER 2008

We are now taking bookings from stall holders for our very popular Christmas Craft Fair.

Please email friends@bottishamvc.org

or telephone 07743009290 for a booking form.



An interview with Juliet Vickery, World Triathlete Champion
By Charlotte and Emily Gillard

After many years of dedicated training, Juliet won the National, European and World Triathlon Age Group Championships this year, she shared some of the secrets of her success with us.



What's a triathlon?

A triathlon is a race where you have to swim 1.5 km through open water in a wetsuit, bike 40 km and then run 10 km.

How old were you when you became interested in triathlons?

I was 34 when I became interested in triathlons, before that I ran at Oxford University.

How did you get started in triathlons?

A friend organised a fun triathlon and invited me. I swam breaststroke with my head out of the water and I had a basket on the front of my bike! Then after that I got hooked.

How often do you go training?

Usually twice a day, in the winter I train for 11-13 hours a week and in the summer fewer hours but higher intensity to save a bit for the races

What do you do when you train?

Pretty much what i do when to ace - swim bike and run really! In the winter I do weights as well. I am lucky to be able to train with people who are faster than me - a good way to make you work hard.

What's your most unusual training session?

Spending friday evenings swimming in a murky lake on the edge of the A14 and having to pay for it!

How do you keep healthy?

Obviously the training helps but I try to eat healthily (though I do love chocolate) and not get too tired.

What keeps you going in a race?

Crossing the finish line and knowing that I've done my best.

What is your favourite sport in triathlon and why?

Running is my favourite because it is my greatest strength.

Which sport do you find the hardest and why?

Cycling because it takes so much time to train to be able to race 40km.

THANKYOU

Elsewhere in this magazine the Head of Swaffham Prior School has thanked everyone for the generosity of their donations for the school swimming pool appeal fund. We would like to endorse this! The door-to-door collections that followed the letter in the last edition of Out Of Reach and the Crier raised over £1,500 (from both Swaffham Prior and Reach).

Many of you have also generously sponsored the team of seven parents who cycled from Cornwall back to the school – also to raise money for the new pool. Reach Parish Council, Swaffham Prior Parish Council, Swaffham Prior Parochial Charities and Swaffham Prior Foundation Trust have also generously contributed to the swimming pool appeal. Local personal and corporate contributions have been extremely generous.

This support for our local school is fantastic and the response to our fundraising efforts has been phenomenal. Many of your families have clearly benefited from the pool in the past, and those of you with toddlers are anticipating the future benefits of this local facility!

If there is anyone who was not 'reached' by the door-to-door collection and would still like to make a donation, you can do so at www.justgiving.com/fosps - or contact the school directly on tel: 741529

Your support and generosity has been much appreciated.

Di Collier
Chair of Friends of Swaffham Prior School (FoSPS)

CAMBRIDGE LOCAL PENSION SERVICE NEWSFLASH A TRUE STORY...NOT A FAIRYTALE

“We have too much in savings”” It would be wasting your time”.....

When a visiting officer called to see Mr. and Mrs. X at their home in Cambridgeshire this was the customer’s stated belief.

At first it seemed as if Mrs. X would be correct as the couple declared they had over £21,000 in capital. When the visiting officer had chatted for a while she discovered that both Mr. and Mrs. X had health problems that affected their personal care needs. The officer suggested that she help them apply for a non taxable, non means tested benefit called Attendance Allowance. The dual claim was successful and the couple increased their weekly income by over £120. Attendance Allowance can be a passport to other benefits and services and in this case it led to a claim for Pension Credit which allowed the couple a further weekly amount of £107 plus full entitlement to Council Tax benefit.

In total, an extra weekly income worth more than £300.

Not everyone who asks for a benefit check will find they receive the same sort of amount as Mr. and Mrs. X but why not make sure you are not missing out on money you are entitled to?

Staff from the Local Pension Service are happy to help you complete the necessary forms in the privacy of your own home.

Give us a call. You don’t know what you could be missing
01223 545374

Give us a call. You don’t know what you could be missing

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Have you had any bad injuries?

Yes, I had a stress fracture in my leg in 1998 and I didn’t compete for a year.

Why do you enjoy it so much?

I like being fit, I enjoy meeting other triathletes from all walks of life and I love the feeling of crossing the finish line.

Do you have someone who inspires you and why?

Several local athletes who juggle work, family and sport but of the famous, Paula Radcliffe because she really gives everything when she races

Have you got any tips for young people who are interested in doing sport seriously?

Find a good club and some friends that you enjoy training with, do it if you enjoy it and don’t be afraid of hard work.

Which was the first triathlon you won?

The first big national competition I won was Windsor about 6 years ago (which starts with a swim in the Thames and ends with drinking coca cola to kill off the bugs you swallow)

How did it feel to win the gold medal in the World Championships?

At first I did not believe it and then when I heard my name on the speaker I burst into tears.

What do you plan to do next?

I plan to get faster and defend my titles.

Is there anything else you would like to say?

I couldn’t have done any of this on my own. I am lucky to have a wonderfully supportive (and very tolerant!) husband and daughter and a very special circle of friends who have helped enormously over the years. Thanks to you all!



Reach Youngsters try
Triathlon
(see over)

Reach Youngsters Sponsored Triathlon (June 2008)

Not to be out done by their parents, in terms of fund raising efforts, many of the youngsters of Reach embarked on a bit of cycling to raise money too – the difference being that for them the biking was immediately preceded by a swim and followed by a run and it all took place in or around Bottisham pool. A sponsored triathlon was the idea of Freya Thomas and Anya Tabecki and between them they persuaded 8 other Swaffham Prior pupils living in Reach to take part. Each set themselves their own target for number of lengths of the pool and laps of the field cycling or running. They embarked on the challenge with enthusiasm and determination. It poured with rain the entire morning but, despite the awful weather, they cycled and ran round and round Bottisham field getting soaked to the skin but smiling all the way. Actually many of the equally soaked parents watching began to look a little anxious as the laps mounted in number. Many of us had severely underestimated our child's ability and sponsored rather generously per length/lap! In all they raised a fantastic £345.00. Special mention to Sophie Bell for raising over £100.00, to Ben Snaith for out lasting us all in stamina and to Freya and Anya for organising the whole event.

Reach youngsters taking part:

Sophie Bell, David and Catherine Cane, Gwilym Davies, Alice Lingley, Ben and Maisey Snaith, Anya and Kasia Tabecki, Freya Thomas

For two of the Reach triathletes this sponsored event was just a warm up for one of the biggest junior triathlons in the country the Rob McLean Junior Triathlon hosted by the Cambridge Tri Club (CTC) at Impington Village College. Ben Snaith and Gwilym Davies are both members of CTC and regular competitors at the event. Distances vary between age groups and for 12 year old Ben, competing for the 5th time in this race, this meant he had to race in the 13-14 year age group (groups are based on age at the end of the year) so he was up against older and strong boys. But Ben is the sort of athlete that does not complain at a challenge but meets it head on and for someone his age 300m of swimming 6km of cycling (on grass) and 2.4km of running is a seriously long way. He completed this in just 36mins 13 seconds. He moved up the field in the run, his strongest discipline completing 2.4km in just over 12mins (Ben represented Bottisham Village College in the country cross country in January). Gwilym had age on his side in that he could remain at a tough but slightly shorter distances of 200m, 4km, 1.8km. For him the challenge was to beat his previous times and he did that in style completing the event in 27mins 38seconds - 5mins 19 secs faster than in 2007. Though for Gwilym the swim is his strongest discipline (taking just 3mins 25 secs for 8 lengths) he made the biggest improvement on the bike. I asked them why, like me, they keep going back from more. Gwilym said he loves the challenge of all three sports and Ben 'I just want to get faster'. I fear it won't be long before I can no longer claim to be the fastest triathlete in the village!

Fantastically well done to both of them!

Juliet Vickery

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News from - Wicken Fen

The skies cleared and the sun shone as a party of cyclists and horse riders assembled for the opening of the new Swaffham Bulbeck Lode Bridge and bridleway on 8 July. The bridge and bridleway are key element of the Wicken Fen Spine Route which will eventually provide a virtually traffic free link from Waterbeach and Anglesey Abbey to Wicken Fen. Development of the Spine Route continues apace with completion of links between Waterbeach and Bottisham Lock and the construction of new surfaced, raised bridleway across Burwell Fen between Reach and Burwell Lodes expected in the next 12 months.

A recent incidence of attempted metal theft on the semi-derelict building known as Hurdle Hall acquired by the Trust earlier this year has resulted in the collapse of the front of the building, leaving the entire building in a dangerous unstable state. For safety reasons the building has been fenced off and will shortly be demolished.

With the summer holidays upon us there are a full range of exciting events and activities at Wicken Fen to keep children amused during the summer break ranging from Fairies Pixies and Potions, Slimy Slugs & Wiggly Worms, Twit Twoo – Did I Eat You, Wildlife Detectives to the ever favourite Pond Dipping. For information on the complete range of events and bookings please contact the Wicken Fen Visitor Centre on 01353 720274

The recent Wicken Fen Vision consultation highlighted the need to improve communication with the various user groups who visit Wicken Fen and the wider Vision area. Please note for your diaries, the forthcoming drop-in sessions which have been arranged, a chance to meet with the Wicken Fen team to discuss any concerns and suggestions for the future. The sessions will run from 10am – 5pm

Sept 27: Horse riders

Oct 4 : Cyclists

Oct 11; Walkers, bird watchers, naturalists, dog walkers, boaters and anglers.

We look forward to welcoming you to Wicken Fen

Howard Cooper

National Trust – Wicken Fen

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